## Anoka-Hennepin Secondary Curriculum Unit Plan

Department: C	areer and Technical Education	Course:	Nursing Assistant	Unit 6 Title:	Personal Cares	Grade Level(s):	11-12
Assessed Trimostor	Λ.	Pacina:	4-5 Davs	Data Created:		Last Revision	11/2014
Assessed Trimester:	A	Pacing:	4-5 Days	Date Created:		Date:	11/2014

Course Understandings: Students will understand that:

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## DESIRED RESULTS (Stage 1) - WHAT WE WANT STUDENT TO KNOW AND BE ABLE TO DO?

Established Goals  ◆  Transfer					
	Meaning				
Unit Understanding(s):  Students will understand that:  Activities of Daily Living are activities that people do to carry out their lives Proper hygiene meets both the physical and psychological needs of the resident Proper hygiene prevents the breakdown of various body systems Proper hygiene reduces the prospect of infection by opportunistic pathogens Personal care is total body care	Essential Question(s):  Students will keep considering:  How do you bathe a person that bed bound?  What is personal care?  What does safety look like regarding personal care  What happens if a person does not receive personal care?  Why do we have to perform cosmetic type care on residents?  How do you provide personal care for an unconscious resident?  Acquisition				
Knowledge - Students will:  Describe activities of daily living Discuss the importance of skin care Describe prevention and care of pressure ulcers Describe personal care for the resident  Reasoning - Students will:  •	Skills - Students will:  I can demonstrate personal care skills:  bed bath partial bath tub bath or shower bath perineal care back rub mouth care mouth care fingernail care fingernail care hair care bed shampoo shave with electric razor				

Common Misunderstandings	Essential new vocabulary
What constitutes an ADL	activities of daily living
<ul> <li>Care for conscious v unconscious residents</li> </ul>	• colostomy
	dependent
	• friction
	<ul> <li>gastrostomy</li> </ul>
	• hygiene
	ileostomy
	• lesion
	• ostomy
	perineal care
	• paralysis
	<ul> <li>podiatrist</li> </ul>
	pressure ulcer
	• shearing
	• stoma
	<ul> <li>tracheostomy</li> </ul>
	ureterostomy